

# PAY Tribute. GIVE Back.

You can now experience the precious gift of life thanks to the generosity of your donor.

This is your chance to express your gratitude for the hero who gave you a second chance at life.

Please take the time to write to your donor family. This will allow them to share in your joy, and provide them with a sense of healing and comfort in their time of grief.

HONOR.

HONOR • HOPE • HEAL



*Write to your donor family.*



204 Sigma Drive, RIDC Park  
Pittsburgh, PA 15238  
1-800-DONORS-7 • [www.core.org](http://www.core.org)



A guide for organ recipients



Here are a few suggestions of topics to include in your letter:

### Introduce yourself.

- Include your first name and state (not city) where you live.
- Mention your job, hobbies and interests.
- Describe your family and support network.
- Include photos.

### Tell them about your transplant experience.

- Talk about how long you waited for a transplant.
- Explain how the transplant has improved your health and changed your life and the lives of your family members for the better.
- Recount events that have happened in your life since your transplant.

### Thank them for their sacrifice.

- Recognize the generosity of your donor's family, and thank them for their gift.
- Acknowledge the family's grief and express sympathy for their loss.
- Be sensitive about religious comments, and refrain from including information that can be used to identify you, such as your last name, street address, phone number and transplant hospital. **ALL IDENTIFYING INFORMATION WILL BE REMOVED.**
- If interested, mention that you would like to meet or hear back from the family.

## Mail Your Letter.

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- Place your letter in the postage-paid envelope addressed to CORE (204 Sigma Drive, RIDC Park, Pittsburgh, PA 15238).
- Include a separate piece of paper in the envelope with your full name, address, phone number, date of transplant and transplant hospital.
- CORE will review the content to ensure confidentiality before forwarding your letter to the donor's family.
- Contact CORE at any time with any questions you have via phone at **800-DONORS-7 (800-366-6777)** or email at [contactcore@core.org](mailto:contactcore@core.org).

H O N O R • H O P E • H E A L



## A Gift of Healing.

*"My wife was a great person who did everything she could to help others. Losing her was a burden, and it hurt, but there was also a blessing to it. If we can donate organs to give life, we should do it. We're not here alone. We're here together. And what we can do to help each other, one way or another, is what we should do. And my wife felt the same way."*

– John Standard,  
donor husband

HEAL.