



With more than three decades serving patients from 60+ locations across five states, Nystrom & Associates is one of the largest behavioral health organizations in the country. We're on a mission to empower people to be the best version of themselves by meeting them where they are and providing virtual and in-person mental health services.



## Immediate Availability – Minnesota

### Get in for substance use treatment, psychiatry, and therapy- now

- 100+ Licensed Alcohol and Drug Counselors
- Licensed medical providers that prescribe mental health medications
- Numerous qualified talk therapists who work with all ages
- Most insurances accepted
- Virtual options to literally meet you where you are

### Scheduling is easy

- Call our New Patient Team at 651-400-2385
- Request an appointment online

### You can expect...

- Immediate availability
- Whole-person care with mental health medications, talk therapy, and more
- A team committed to helping you become the best version of yourself

40+ Locations | Telehealth

[nystromcounseling.com](https://nystromcounseling.com)