

## Patient Testimonials



"I had taken **11 different medications** without any relief... TMS treatment has helped me bring my life back...**with a happiness that I've never experienced before.**"

-Todd

"When you're depressed... **your always fighting to live...** to survive the day. TMS made such a difference... **all of a sudden I felt empowered, I felt strong, I felt like I wasn't a victim anymore.**"

-Debbie



"TMS treatment has changed my life. **It's given me life, it's given me joy, it's given me opportunity.**"

-Colleen

**NYSTROM**  
& ASSOCIATES

## Have you tried 2 or more antidepressants?

TMS may be right for you.

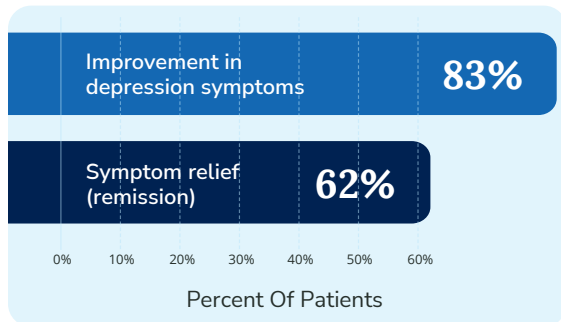
- **NOT** medicine
- **NOT** shock therapy
- **NOT** invasive
- **IS** safe and effective
- **IS COVERED** by most insurance

Find *lasting relief* from depression *today*.



1-844-NYSTROM (697-8766) | [www.nystromcounseling.com](http://www.nystromcounseling.com)

[f](#) [in](#) [ig](#) @nystromcounseling

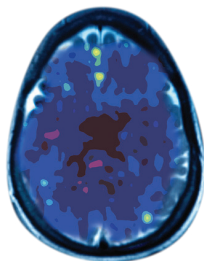


## A Drug-free Depression Treatment That Works for You

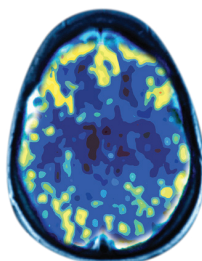
TMS helps life become manageable again.

## Depression Starts in the Brain

Depressed Brain



Non-Depressed Brain



Depression is caused by reduced activity in the areas of the brain thought to regulate mood.

A PET scan measures vital functions such as blood flow, oxygen use, and blood sugar (glucose) metabolism.

## More Medication Isn't Always the Answer

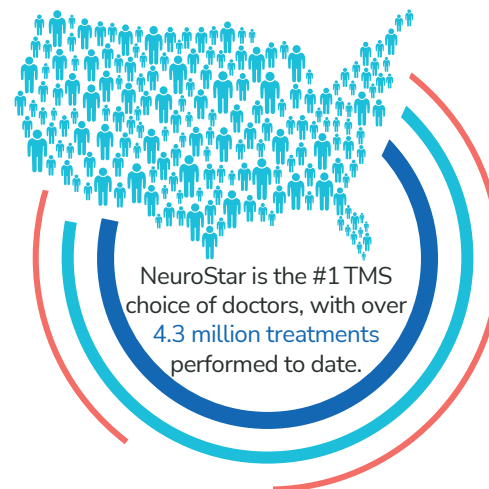
Studies show that your chance of remission goes down with each new medication you need. In a large study of pharmaceutical treatments for depression, patients who tried 4 medications had just a 7% rate of remission.



In Partnership With  
**NeuroStar**  
Advanced Therapy for Mental Health

## TMS Is an Advanced Way to Treat Depression

TMS is like physical therapy for the brain. It uses magnetic pulses, similar in strength to MRI, to reignite dormant connections in the brain and give you control of your depression.



TMS has **0 common systemic side effects**, allowing you to live life to the fullest.

TMS is covered by Medicare and most national insurance carriers.

## More About TMS

TMS is a noninvasive, outpatient treatment that takes **as little as 19 minutes per day**.

You may feel a tapping, tingling, or warming sensation where the coil is positioned. This is temporary and typically subsides with subsequent treatments.

You will be awake and alert during the treatment and may resume regular activities immediately afterward.

**Ask your provider about TMS today!**

1-844-NYSTROM (697-8766) | [www.nystromcounseling.com](http://www.nystromcounseling.com)