

## WHO WE ARE

We're a group of professional care providers from the fields of psychiatry, psychology, clinical social work, and marriage and family therapy who are committed to helping and supporting each individual we work with through their personal challenge.



In-Person & Telehealth  
Services Available

**Fargo, North Dakota**  
5354 42nd Street S, Suite B  
Fargo, ND 58104

---

**APPOINTMENT AVAILABILITY**  
Monday - Friday

---

Make an Appointment or Referral:  
**701-401-6564**  
Referral Fax: 701-941-4504

---

We accept most insurances!

Serving IA, MN, MO, ND, and WI

[www.nystromcounseling.com](http://www.nystromcounseling.com)



@nystromcounseling

Your Trusted Behavioral  
Health Care Provider Since 1991



Psychiatry  
Mental Health



## Psychiatry & Medication Management

From initial assessment to ongoing medication check-ups, we can prescribe psychiatric medications for children and adults, order/interpret lab work, and coordinate care with other physicians to best serve you.

### Specialty areas include:

- Depression
- Anxiety
- Panic Disorders
- Mood Disorders
- Bipolar Disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Developmental Disabilities
- Autism
- And many more!

Our psychiatric prescribers are trained in different backgrounds and all have the same capabilities to assess, diagnose, treat, and prescribe for psychiatric disorders.



## Counseling Services

Counseling and therapy assist in helping with a wide range of mental health concerns. We offer counseling services for children, adults, and families to meet you where you are at in life.

### Specialty areas include:

- Depression
- Anxiety
- Bipolar Disorder
- Trauma
- Grief and Loss
- Eating Disorders
- Chronic Pain & Medical Issues
- ADHD
- Pregnancy/Postpartum
- Obsessions/Compulsions
- Suicidal Thoughts
- Guilt/Shame
- Work Issues
- School Concerns
- Family Issues
- And many more!