

WHO WE ARE

We're a group of professional care providers from the fields of psychiatry, psychology, clinical social work, and marriage and family therapy who are committed to helping and supporting each individual we work with through their personal challenge.



In-Person & Telehealth Services Available

Appointment Availability
Monday - Friday

Make an Appointment or Referral:

319-356-6352

Fax: 319-358-2367

We accept:

- Wellmark Blue Cross Blue Shield (BCBS)
- United Healthcare/United Behavioral Health
- Midlands Choice
- HealthPartners
- Health Alliance
- Medical Associates Health Plan/Health Choices
- First Health Network
- Amish Community Discount
- + Many More Commercial Insurances

Cedar Rapids • Iowa City
North Liberty

psychassociates.net



Your Trusted Behavioral Health
Care Provider For Over 25 Years



Psychiatry
Mental Health



Psychiatry & Medication Management

From initial assessment to ongoing medication check-ups, we can prescribe psychiatric medications for children and adults, order/interpret lab work, and coordinate care with other physicians to best serve you.

Specialty areas include:

- Depression
- Anxiety
- Panic Disorders
- Mood Disorders
- Bipolar Disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Developmental Disabilities
- Autism
- And many more!

Our psychiatric prescribers are trained in different backgrounds and all have the same capabilities to assess, diagnose, treat, and prescribe for psychiatric disorders.



Counseling Services

Counseling and therapy assist in helping with a wide range of mental health concerns. We offer counseling services for children, adults, and families to meet you where you are at in life.

Specialty areas include:

- Depression
- Anxiety
- Bipolar Disorder
- Trauma
- Grief and Loss
- Eating Disorders
- Chronic Pain & Medical Issues
- ADHD
- Pregnancy/Postpartum
- Obsessions/Compulsions
- Suicidal Thoughts
- Guilt/Shame
- Work Issues
- School Concerns
- Family Issues
- And many more!

We work with all ages!

In-Person & Telehealth Services Available

For more information, visit:

www.psychassociates.net